Art For the Heart
Old Town Square, Fort Collins

Self Portrait
August 4, 2021

Please Note: This is our last project of the summer! We will be distributing prizes for participation on August 11th.

Materials:
• card stock
• pencil
• photograph or mirror

Process:
• Find a photograph of yourself or have an adult take a picture of you and print it out. If you don’t have a photograph, feel free to use a mirror.
• Find a space that is comfortable and well lit.
• Place your photograph (mirror) beside you. Look at yourself. Study yourself. Take time to look at your eyes, nose and mouth and look at where they are in relation to each other.
• Figure out a good starting point. You might want to start with the eyes or perhaps you want to draw the outline of the face. It is up to you. Encourage your children to find shapes and lines within their own face.
• Concentrate on one feature at a time and then move on to the next. Try to figure out where your nose is in relation to your eyes, or your mouth is in relation to your nose, or your where your ears are in relation to your eyes.
• Draw until you are satisfied with your creation. Feel free to leave your drawing in pencil or add color with markers, crayons, oil pastels or paints.
• When you are finished, please make sure you sign your portrait. You are welcome to attach your photograph if you feel comfortable doing so.
• Be proud of your drawing and be proud of how beautiful you are!
• Bring back your self-portrait and have it displayed in our Old Town kiosk.
Experiment

- Use any of the techniques we used this summer to create a drawing of yourself, i.e. collage, pointillism, torn paper, or sculpture.
- Make an abstract self-portrait (think Pablo Picasso style).
- If your child is feeling up to it...do a few self-portraits over the week and see how they are similar or how they are different. Do the self-portraits reflect how you were feeling that day?

Resources:

- To watch a tutorial please visit: https://www.youtube.com/watch?v=ucwF-3N2uDQ

About the Art for the Heart Program

Art for the Heart is a program of the Fort Collins Downtown Development Authority.

All returned projects will be displayed in our outdoor kiosk located in between Coopersmith’s Pub and Poolside restaurants.

Each art project returned will earn you a punch on our “Frequent Artists” punch card. Artists with consistent participation will be awarded art supplies at the end of the summer.

All projects will be saved and returned to the artist.

You can find all of our past projects and more information about the program at https://downtownfortcollins.org/art-for-the-heart/