

June 10, 2026

**Windchimes**

Wind chimes have a long and varied history, with developments spanning cultures, continents and uses. Archeological finds date back almost 5000 years. In South East Asia remains of wind chimes made from bone, wood, bamboo and shells were found about 3000 BC. Chimes were thought to ward off evil spirits. A more practical use in Indonesia was to scare birds from crops. In 1100 BC, the Chinese were the first to appreciate the musical and artistic properties of wind chimes and bells. The Chinese developed the art of bell sounding and metal bells were hung from eaves in temples and pagodas to ward off evil spirits. They were also used as warning signals when the uncontrollable forces of nature were about to impact the environment, e.g typhoons, tsunamis.



The Chinese used the music of chimes to express emotions and establish an atmosphere of peace and harmony. Buddhists liked to hang hundreds or even thousands of wind chimes or bells on temples, shrines and pagodas. Causing during breezy moments an almost overwhelming auspicious sensation of sound.

In the 1800’s wind chimes spread from China to Japan and then the western world. The soothing tones of windchimes echoed the music of the breeze, creating a meditative atmosphere of peace and calm.

Listening to the sound of windchimes creates a state of balance, relief, serenity and peace. Wind chimes change moods and atmosphere. They inspire peace and harmony in our busy lives, calming, relaxing and healing.

*(Excerpt taken from [https://windchimesaustralia.com.au/history-of-wind-chimes/?srsltid=AfmBOouUs6STJCzmq\\_6Y1yXHGvuXmIKMC8PPCWWFYGY5rlx\\_Grpcc0l](https://windchimesaustralia.com.au/history-of-wind-chimes/?srsltid=AfmBOouUs6STJCzmq_6Y1yXHGvuXmIKMC8PPCWWFYGY5rlx_Grpcc0l))*

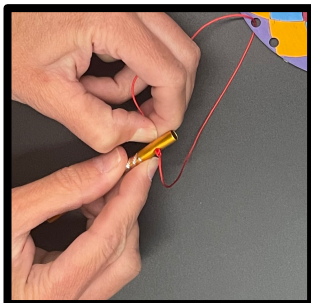
Materials:

- wooden round
- paint
- paint brushes
- string/twine
- chimes

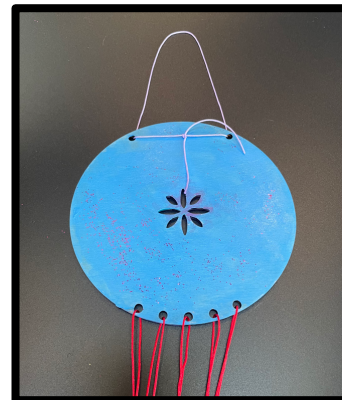
Process:

1. Find a comfortable place to work and open up your packet.
2. Cover your table with newspaper, paper bags, butcher paper or some other protective sheet.
3. Paint one side of the wooden round and allow it to dry. Paint the other side.
  - a. If you want a different color, try mixing your colors together to make new ones.





- b. Add any extra adornments you might have at home like beads or glitter.
4. Decide the order of your colored chimes and use the precut string to attach them onto your wooden round.
  - a. The length of the chimes can be all the same or it can vary.
  - b. Thread the string through the chime and then onto the round.
  - c. I tied a double-knot with each string, trimmed the excess string and carefully concealed the knot by pulling it into the chime.
5. Use your other string or twine to create a hanger for your windchime.
  - a. Feed the string through the front of the chime and tie it together with a double or triple knot in the back. Trim the excess if you like.
  - b. Pull up on the string and tug to make sure it is secure before hanging.
6. Please put your name and age on the back of your windchime.
7. Be proud of your creation and bring it back to Old Town Square next Wednesday so that we can hang it up for all of Fort Collins to see!
  - a. Don't worry! After we have displayed your piece, it will be available for you to pick up the following week!



We would like to thank Nikki Lynch from the Cozy Grain for helping us prepare this week's project! You can find more of what she does at the <https://www.thecozygrain.com/> or on Instagram @thecozygrain

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#### About the Art for the Heart Program

Art for the Heart is a program of the Fort Collins Downtown Development Authority and NOLA Creative Company.

All returned projects will be displayed in our outdoor kiosk located in between Coopersmith's Pub and Poolside restaurants. All projects will be returned to you the following week after they have been displayed.

Each art project returned will earn you a punch on our "Frequent Artists" punch card. Artists with consistent participation (5 punches or more) will be awarded a t-shirt at the end of the program.

You can find all of our past projects and more information about the program at <https://downtownfortcollins.org/art-for-the-heart/>

[Follow us on Instagram @nola\\_creative\\_company as we will be featuring artwork from each week. We will not use full names or identify your children in any way other than using their first name in order to give credit.](#)

This project is brought to you by:



and

